

# Who Are You Really?

What is the fire that is burning in your heart and soul?  
What is it that you must do, express, give, or experience at this point in your life?  
To help you access what is most real and true for you right now,  
complete the following sentence five times ( without censoring yourself):

If you really knew me, you would know that I \_\_\_\_\_

If you really knew me, you would know that I \_\_\_\_\_

If you really knew me, you would know that I \_\_\_\_\_

If you really knew me, you would know that I \_\_\_\_\_

If you really knew me, you would know that I \_\_\_\_\_

