



SHESHATTERS

**SPEAKING & OFFERINGS GUIDE
FOR EVENT PLANNERS**



About Hannah

PROFESSIONAL BIO

Hannah Austin is a bestselling author, international podcast host, and the CEO of SheShatters. She specializes in the management and prevention of burnout for professionals.

She has been featured on ABC, CBS, NBC and Fox News.

Before founding SheShatters, Hannah spent 20 years as an executive in the healthcare industry, a role in which she faced immense pressure and witnessed her colleagues suffering the effect of burnout en masse. She became determined to make a change that would impact not only her own path in life but also the paths of the many inspiring professionals she knew and worked with.



Hannah founded SheShatters in 2021 with the goal of helping employees and organizations find work life integration methods and on a macro level, lead a movement away from corporate hustle culture. Since launching the movement, she has been a staunch advocate for more holistic education around the experience of burnout and practical methods of identifying, managing, and cooling off from burnout.

**“Burning bright (not out!) is not just about self-care.
It’s all about small changes for big impact and we help employees in the
workplace take their career by storm through oh-so-tiny tweaks to their day-
to-day life.”
- Hannah Austin**

READY FOR YOUR ORGANIZATION TO BURN BRIGHT?



SHESHATTERS

Snapshot

AREAS OF EXPERTISE

- Leadership development.
- Employee Development and Leadership Coaching.
- Diversity & Inclusion
- Burnout Prevention, Strategic Planning, Organizational Wellness & workplace effectiveness.
- Certified Professional Coach.

Our Clients



Speaking



BURN BRIGHT WORKSHOP

- Ignite the spark in your team and empower them to make active work-life flow decisions through this online or in-person workshop.
- 50-minute workshop using exercises from the Burn Bright Toolkit.
- This package includes a 15-min goal-setting meeting with Hannah before the session.



**BURN
BRIGHT
WORKSHOP**

**50-MIN
SESSION**

READY FOR YOUR ORGANIZATION TO BURN BRIGHT?



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Speaking



BURN BRIGHTLY KEYNOTE

- Is your team feeling the burn or reaching the end of their fuses? Professionals all over the world are struggling with fatigue and exhaustion - but it doesn't have to be this way.
- Hannah Austin is here to help your team create a life that restores their most precious resources - their energy, time, and passion for the things that truly light them up.
- This powerful session will provide actionable key takeaways to help your team find their way back to themselves, and to move forward with more focus, enthusiasm, and vivacity.



**BURN
BRIGHTLY
KEYNOTE**

**50-60 MIN
SESSION**



SHESHATTERS

Books

HELLO, HEAD, MEET HEART BOOK PACKS

Here are more details if you're interested in buying physical/digital copies of my book for the attendees of your event:

PAPERBACK PACKAGE



Includes:

1 x Paperback copy of 'Hello, Head, Meet Heart' (RRP \$18.99)

1 x Ebook copy of 'Mental Health in the Workplace'

Prices:

1 - 100 Attendees: \$17 per package

100 - 300 Attendees: \$15.50 per package

300+ Attendees: \$14 per package

EBOOK PACKAGE



Includes:

1 x Ebook copy of 'Hello, Head, Meet Heart' (RP \$4.99)

Prices:

1 - 100 Attendees: \$4.50 per copy

100 - 300 Attendees: \$4.00 per copy

300+ Attendees: \$3.50 per copy

READY FOR YOUR ORGANIZATION TO BURN BRIGHT?



SHE SHATTERS

Pricing

FEE SCHEDULE

- The below table contains fee information for each of SheShatters speaking offerings.
- Billing is done on a monthly basis unless otherwise noted.

WORKSHOP/ SPEAKING	
BURN BRIGHT WORKSHOP Pricing TBD	BURN BRIGHT KEYNOTE Pricing TBD

NOT SEEING WHAT YOU NEED?

**Book a call with Hannah to build your own
personalized team support plan and strategy.**

[BOOK HERE](#)



SHESHATTERS

Logistics

PREFERRED AUDIENCES

- Professionals in fast paced work environments that are customer focused.
- Management and executive professionals recovering from the ongoing effects of the pandemic.

PREFERRED EVENTS

- Business forums and luncheons for professionals.
- Fireside chats or town halls.
- Annual conferences/events.
- Teambuilding events.
- Events with a focus on mental health and the impact of hustle culture.

AUDIO VISUAL REQUIREMENTS

- Online: Zoom, Microsoft Teams
- Small or large stages with a podium
- Remote microphone, lapel mic
- HDMI Cable
- AC power plug
- Projector and/or screens to display presentation
- Speaker system with a mini plug for laptop audio output
- Confidence monitor

Contact Me



FOLLOW HANNAH/ THE SHESHATTERS MOVEMENT

When we're not busy fighting burnout fires and teaching our clients all about self-care, you can find us in these places online.



CONTACT HANNAH

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